



## Coming Soon!

Great Bay Athletic Club is excited  
to welcome

**Samantha MacDonald**

owner of

***"Life with Samantha"***

*Life with Samantha* offers:

Life Coaching

Health Coaching

Personal Training

Find a career that allows for personal growth while creating a  
work/life balance  
through serving and leading others



Shaping Your Whole Self  
Body, Mind, and Soul

Contact Samantha at:

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Via Text

(614) 506-2837

to schedule an appointment